

Chc/LAT  
171  
W'04

## CHICANO/LATINO PSYCHOLOGY

Psychology 174F

Winter, 2004

Instructor: Gerardo D. Canul, Ph.D.  
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Office hours: Tuesdays 10:00am to 11:00am or by appointment

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### Course Objectives:

1. Be familiar with the current research and literature examining influences on Chicano Psychology including research on acculturation and ethnic identity, Chicano utilization of mental health services and psychopathology.
2. Understand psychosocial issues relevant to the Chicano population, including education, racism, AIDS and gang involvement.
3. Have a broad understanding of applied Chicano Psychology regarding specific mental health interventions and counseling issues.

### Required Readings:

Falicov, C.J. (1998). Latino Family Therapy. Guilford Press: New York.

A required course pack is on e-reserve in the library.  
[http://antpac.lib.uci.edu/screens/search\\_reserves.html](http://antpac.lib.uci.edu/screens/search_reserves.html)

### Course Requirements:

1. The requirements for this course will be a midterm and a final examination. Both the midterm and the final will consist of multiple choice questions

**Grading:** Grades will be calculated on a total point basis.

Midterm 50 points  
Final 50 points  
100 points total

Total Class Points	Grade	Total Class Points	Grade
94 to 100	A	77 to 79	C+
90 to 93	A-	74 to 76	C
87 to 89	B+	70 to 73	C-
84 to 86	B	67 to 69	D+
80 to 83	B-	64 to 66	D
		60 to 63	D-
		59 to below	F

### **Class Schedule and Readings**

#### **Week 1**

Topics: Introduction to Course  
Diversity of Latinos  
History of Immigration Patterns to U.S.

Readings: Falicov, C.J. (1998). Mexicans, Puerto Ricans, and Cubans: An Overview. In: Latino Family Therapy. Guilford Press: New York.

Novas, H. (1994). Hispanic: Si y No. In: Everything you need to know About Latino History. Penguin Books USA Inc. New York.

Ortiz, M. (1993). A historical exchange. In: The Hispanic Challenge: Opportunities Confronting the Church. InterVarsity Press: Downers Grove, IL (pp41-57).

#### **Week 2**

Topics: Psychological Consequences of Migration and Central American Refugees

Readings: Falicov, C.J. (1998). Journey of Migration: Opportunity and Continuity and Journeys of Adaptation: Options for change. In: Latino Family Therapy. Guilford Press: New York.

Dorrington, C. (1995). Central American Refugees in Los Angeles: Adjustment of children and families. In Zambrano, R. Understanding Latino Families. Sage: Thousand Oaks.  
Zea, M.C., Diehl, V.A., and Porterfield, K.S. (1997). Central American Youth Exposed to War Violence. In: Garcia, J.G. and Zea, M.C. Psychological Interventions and Research with Latino Populations. Allyn and Bacon: Needham Heights, MA

### Week 3

Topics: Acculturation and Ethnic Identity

Readings: Arana, M. (2001). The Elusive Hispanic/Latino Identity. Nieman reports.

Ponterotto and Pederson. (1993). Minority Identity Development and Prejudice Prevention. In: Ponterotto and Pedersen, Prevention Prejudice: A Guide for Counselors and Educators. Sage Publications.

Valentine, S. (2001). Self esteem, cultural identity and generation status as determinants of Hispanic acculturation. Hispanic Journal of Behavioral Sciences

### Week 4

Topics: Family Demographics and Cultural Values

Readings: Zambrana, R.E., Dorrington, C. and Hayes-Bautista, D. (1995). Family and Child Health. In: Zambrana, R.E. Understanding Latino Families. Sage Publications.

Falicov, C.J. (1998). Belief Systems: Religion and Health and Family Organization: The Safety Net of Close and Extended Kin. In: Latino Family Therapy. Guilford Press: New York.

### Week 5

Topics: Family Life Cycle

Readings: Falicov, C.J. (1998). Childhood and Adolescence and Adulthood Across the Lifespan. In: Latino Family Therapy. Guilford Press: New York.

Topics: **Midterm Exam (February 12, 2004)**

### Week 6

Topics: Education and Racism

Readings: Barrajas, H. L., et al. (2001). The Significance of Race and Gender in School Success Among Latinas and Latinos in College. Gender and society.

Falicov, C.J. (1998). The Impact of Racism and Discrimination and The Challenge of School and Work. In: Latino Family Therapy. Guilford Press: New York.

Retish, P. Myth: America' American Students: In: Journal of Multicultural Counseling and Development. American College Association.

### Week 7

Topics: AIDS and Gangs

Readings: Arfaniarromo, A. (2001). Toward a Psychosocial and Sociocultural Understanding of Achievement Motivation Among Latino Gang Members in U. S. Schools. Journal of instructional psychology

Lesser, J. et al. (2001). Young Latino Fathers' Perceptions of Paternal Role and Risk For HIV/AIDS. Hispanic journal of behavioral sciences.

Yep, G. (1995). Communicating the HIV/AIDS risk to Hispanic Populations. In: Hispanic Psychology. Academic Press.

Garcia and Zea. (1997). Latino Culture and Sex: Implications for HIV Prevention. Understanding Gang Involvement among Mexican American Male Youth.

### Week 8

Topics: Stress and Coping

Readings: Aisenberg, E. (2001). The effects of exposure to community violence upon Latina mothers and preschool children. Hispanic journal of behavioral science.

Caetano, R., et al. (2000). Intimate Partner Violence, Acculturation, and Alcohol Consumption Among Hispanic Couples in the United States. *Journal of interpersonal violence*

#### **Week 9**

Topics: Psychological Disorders and Assessment

Readings: McCabe, Kim. (2002). Factors That Predict Premature Termination Among Mexican-American Children in Outpatient Psychotherapy. *Journal of child and family studies*.

Mezzich, J.E., Ruiz, P. and Munoz, R.A. (1999). Mental Health Care for Hispanic Americans: A Current Perspectives. *Cultural Diversity and Ethnic Minority Psychology*. Vol. 5, No. 2, 91-102.

#### **Week 10**

Topics: Counseling Latinos

Readings: Beyene, X., et al. (2002). Percetion of aging and sense of well-being among Latino elderly. *Journal of cross-cultural gerontology*.

De La Cancela, V. Latino Mental Health Implications for training psychologists in Ethnic Minority Perspectives on Clinical Training and Services in Psychology.

**Final Examination date and time: Tuesday, March 23, 2004 – 10:30am to 12:30 pm**